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## This Week in Involved Living

**Monday, February 1 - Sunday, February 7**

**Have a great week everyone!**

**Monday 2/8** - Mondays with MUNDO: Let's Talk About Sex, Salary Negotiation Workshop for Women @ 5:30pm,

**Tuesday 2/9** - RHAC General Body Meeting- RHAC Elections, RHAC Grant Deadline, APIDA in STEM @ 6:30pm

**Wednesday 2/10** - Be The Man: A Movement for Healthy Masculinity @ 6pm

**Thursday 2/11** - APIDA and Black Communities: History and Solidarity @ 6pm, Asian Americans in Art @ 7pm

**Friday 2/12** - Deadline for nominations for The Distinguished Diversity Enhancement Award, APIDA Writing Space @ 3pm

**Saturday 2/13** -

**Sunday 2/14** - Deadline to apply for student activities cohorts

**Get involved where you live!**

**Leah Wheeler** - Leadership & Involvement Specialist

The Student Life Event Calendar is your go-to spot to find a range of activities for outside the classroom. Visit [go.osu.edu/slcalendar](https://go.osu.edu/slcalendar) for



programming and event options throughout the  
year.

Complete your  
COVID-19 testing.

***safeandhealthy.osu.edu*** ✨



## Win Big by Completing Your Safe and Healthy Requirements

**Want to be rewarded for keeping our community safe and healthy?** Students who complete their weekly, required COVID-19 test will be eligible to win a variety of prizes. From gift cards to special tours and opportunities on campus, tech products and more, your dedication to the health and safety of our community can help you win big.

**Learn more:** [go.osu.edu/testingincentives](https://go.osu.edu/testingincentives)



## Asian Pacific Islander Desi American (APIDA) Heritage Month

The Asian Pacific Islander Desi American (APIDA) Heritage Month is a month-long celebration and uplifting of APIDA identities, experiences, histories and cultures.

Here at The Ohio State University, we observe Asian Pacific Islander Desi American (APIDA) Heritage Month in mid-January through February. APIDA Heritage Month 2021 will take place between January 11th and February 12th. Our theme this year is APIDA Heritage Month 2021: Our Time, Our Space, Our Place. This theme speaks to how APIDA communities' collective histories contribute to where we are right now, and how APIDA communities can use our histories and our hope for the future to shape our time, our space and our place in this present moment. We invite both APIDA and non-APIDA identifying individuals to engage with our community and programming to deepen our campus community's understanding of APIDA experiences!

### APIDA Heritage Month 2021 Calendar of Events



## This Week from MUNDO

### **Mondays with MUNDO**

### **Let's Talk About Sex**

**Monday, 2/8 6:30 - 8pm on Zoom**

Whether you abstain or are sexually active, thinking about the decisions you need to make in terms of sexual health is always a good choice. Tonight we will discuss the myths and realities of this important topic

[Zoom Link to all MUNDO events](#)

## Next Week from MUNDO

### Mondays with MUNDO

#### Lunar New Year

**Monday, 2/15 6:30 - 8pm on Zoom**

Join MUNDO for this virtual celebration! Lunar New Year is the observance of the start of a new year in a lunar or lunisolar calendar. (<https://www.dictionary.com/e/historical-current-events/lunar-new-year/>). In Chinese Astrology 2021 is the year of the Ox (a symbol of hard work, intelligence, and humility. <https://chinesenewyear.net/zodiac/ox/>).

**MUNDO = Multicultural Understanding through Non-traditional Discovery Opportunities**

[Check our website for resources, information, and more!](#)



[MUNDO Facebook](#)



[MUNDO Website](#)



[MUNDO Instagram](#)



## This Week from RHAC

### General Body Meeting/ RHAC Elections

**Tuesday, 2/9 at 7pm on Zoom**

Join us for this general body meeting on Tuesday at 7pm for RHAC elections!

A couple of quick announcements regarding the election:

1. This **meeting will run from 7-9pm**, one hour later than usual.
2. **If you cannot make it to this meeting or you are running for a position, you *must* send a substitute.** This is an incredibly important event, and we need all Res Halls to send a voting member.
3. If you must send a replacement, **email [offman.2@osu.edu](mailto:offman.2@osu.edu) with your Res Hall and who will be attending in your place.**
4. Voting members are **not allowed to leave the meeting** until they have **submitted their ballot** and the Director of Outreach **gives them authorization to leave.**

Best of luck to all of our candidates! If you submit an application, expect an email tomorrow (Monday, February 8) with details regarding your interview.

[Weekly Meeting Zoom Link](#)

## **Next RHAC Grant Deadline**

**Tuesday, February 9th**

The next grant deadline is February 9th! Please get your grant applications in!

[Apply for Grants Here!](#)

[RHAC Links](#)

# VIRTUAL MAGIC SHOW WITH KEVIN LI

February 16, 2021 • 8:00 pm  
Kevin Li combines mentalism,  
comedy, and visual magic into an  
engaging 45-minute virtual show  
that you don't want to miss!

**RSVP AT [RHAC.OSU.EDU](https://rhac.osu.edu)**



**Join RHAC and Kevin Li for a night full of magic and entertainment.** Kevin Li has entertained audiences around the globe, sharing his close-up magic on TV, Stage, and Social Media. He is one of the leading magicians who has appeared on the hit TV Show Penn & Teller: Fool Us.

[Zoom link here!](#)



[RHAC Twitter](#)



[RHAC Website](#)



[RHAC Instagram](#)



National Residence Hall Honorary  
Buckeye Chapter

## This Week from NRHH

### National Residence Hall Honorary (NRHH) Interest Form

Fill out this form to learn more about our organization along with instructions on how to apply.

[https://forms.office.com/Pages/ResponsePage.aspx?id=NIYJ61IQiUiVKx\\_53x0RITeCr4pmRZ1BoyfgRQJvo7NUMFRLQURJQU9JOFQ2MERYMkZJR1E1MEw3Ni4u](https://forms.office.com/Pages/ResponsePage.aspx?id=NIYJ61IQiUiVKx_53x0RITeCr4pmRZ1BoyfgRQJvo7NUMFRLQURJQU9JOFQ2MERYMkZJR1E1MEw3Ni4u)

The National Residence Hall Honorary (NRHH) makes up the top 1% of leaders on campus and strives to provide recognition and service for our community.

### Write an OTM (Of The Month) for October!

**Due Monday, March 1st by 11:59pm**

Want a fun and easy way to recognize the amazing things taking place in your residence hall? Write an "Of the Month" ! **Anyone can write an OTM!**

These awards are exciting ways we like to recognize people on campus who are going above and beyond for their communities. With categories like Student of the Month, Social Program of the Month, Resident Advisor of the Month, and more, there is a large variety to who and how you would like to recognize someone for their work.

Click the "Submit an OTM" link below to submit an OTM nomination on the top left hand corner of the page, click "The Ohio State University" and fill in the required boxes.

NRHH = National Residence Hall Honorary

[Submit an OTM](#)



[OSU NRHH Website](#)



[Buckeye NRHH Twitter](#)



[Submit an OTM](#)



## This Week from OTL

Check out our social media below for more updates  
about our upcoming events!



[OTL Instagram](#)



[OTL Twitter](#)



[OTL Website](#)



[YouTube](#)



## This Week from CARE



## Follow us on social media!

We are a student-led organization affiliated under Office of Residence Life and are composed of a group of proactive leaders who are actively involved in various Residence Halls. We CARE about the social and cultural adjustment processes of incoming international students, especially of how they interact with domestic students in Residence Halls and strive to build a welcoming and strong community among both international and domestic students that promotes well-being and success through a variety of social, academic and educational support programs.

### Applications for Spring:

Interested in becoming a CARE Ambassador? Check out the [link here](#) for the application!

### Spring Events

**Hot Pot and Hot Topics will return for Spring based out of Morrill Tower!**

**Lunar New Year events around campus: check back in January for more info**

**Carnival event-planning is also progress**

**Come and join this exciting and dynamic group to celebrate and learn about the world and share your stories & culture!**



[CARE Website](#)



[CARE Instagram](#)



AT THE OHIO STATE UNIVERSITY

## This Week from BSA

Check out our social media below for more updates  
about our upcoming events!



[BSA Instagram](#)



[BSA Twitter](#)



[BSA Website](#)

## Other Opportunities & Resources

**#BeKind**  
Instagram  
Wall  
Contest



### Help Spread Kindness at Ohio State

We are looking for artists to help spread kindness at Ohio State! **The Office of Student Life and Kind Columbus** are hosting a contest for Ohio State students, faculty, staff, alumni and Columbus community members to submit artwork that could be featured in outdoor spaces around campus. These Instagrammable Walls will help promote

kindness, positivity and mental health support on campus and in the Columbus community.

In addition to seeing their artwork displayed around campus, winners of the #BeKind Instagram Wall Contest will also receive \$500 to donate to a non-profit organization from the Columbus Foundation's Giving Store of their choice.

The #BeKind Instagram Wall Contest is open throughout February 2021

Learn more: [go.osu.edu/instagramwalls](https://go.osu.edu/instagramwalls)

## Spring Semester Virtual Career Fair Events

Construction Virtual Career Fair: Tuesday, February 16

Environmental & Sustainability Career Fair: Wednesday, February 17

Food & Agricultural Sciences Career Fair: Thursday, February 18

Social Work Job Fair: Thursday, February 18

Summer Internship and Opportunity Fair: Thursday, March 4

**Complete listing of all Spring Semester Virtual Career Fairs:**

<https://careers.osu.edu/employers/career-fairs>



## Support Your Mental Health and Well-Being

Your mental health and wellbeing can impact your success as a student, and we want to help you be well and thrive. At Ohio State there are many resources available to support your mental health. From videos to one-on-one consultations and the Ohio State: Wellness app, there is something available to help you 24/7. Check out the mental health resources available to you: [go.osu.edu/mhsupport](https://go.osu.edu/mhsupport)

### Get Involved Consultations - Update Your Information

[Student Organization Success Coaches](#) are now offering a new service called Get Involved Consultations for students who are looking for opportunities for involvement on campus. Many students have expressed interest in joining organizations, but need support in making the connection. Make sure your [Student Org Directory](#) profile is up-to-date with the latest information, as students will be provided contact and membership information based on the profile. The President can access the General Information section within the [Student Org Management System](#) at any time to update details. Email [csls@osu.edu](mailto:csls@osu.edu) with questions.

### The Distinguished Diversity Enhancement Award

The Distinguished Diversity Enhancement Award celebrates diversity and rewards individuals and groups for their commitment to diversity. Faculty, staff, students, student organizations and alumni can nominate their colleagues and peers. Each recipient receives a commemorative trophy and \$1,200 cash award. Honorees are rewarded for making diversity and inclusiveness a part of university best practices by changing daily operations, program components or cultural awareness. The nomination deadline is Friday, February 12. [More information is online.](#)



## Apply Now to a Student Activities Cohort!

**BUCK-I-SERV BOARD**

**OSU VOTES**

**PAY IT FORWARD**

**STUDENT LEADERSHIP  
ADVOCATES**

**STUDENT ORG  
SUCCESS COACHES**

Student Activities cohorts facilitate meaningful involvement, community engagement and leadership development opportunities, which enable all students to contribute to a global society.

Applications are open now!

Apply by February 14 for the  
2021–2022 academic year.

Learn more by attending an info  
session and apply at

**[go.osu.edu/cohorts](https://go.osu.edu/cohorts)**



THE OHIO STATE UNIVERSITY

OFFICE OF STUDENT LIFE  
STUDENT ACTIVITIES

### Applications Open for Student Activities Cohorts

**Deadline to Apply: Sunday, February 14**

Develop leadership skills, get connected, and give back to the OSU community by joining a Student Activities Cohort. Applications are open NOW for all five Student Activities Cohorts: Buck-I-SERV Board, OSU Votes, Pay It Forward, Student Leadership Advocates, and Student Organization Success Coaches. The applications will be open from Dec. 7-Feb. 14 and there will be information sessions to review all five of these opportunities offered throughout the application window.

**Explore the Cohorts and sign up for an information session at [go.osu.edu/Cohorts](https://go.osu.edu/Cohorts). Email [csls@osu.edu](mailto:csls@osu.edu) if you have questions about the opportunities.**

## **Interactive Wellness Groups**

Are you feeling overwhelmed and stressed with life going on around you? Connect virtually with OSU senior nursing students for an interactive wellness group to improve your overall health and wellness. You are welcome to join one or both opportunities:

**Interpersonal Communication and Healthy Relationships**, topics may include anger management, conflict resolution, setting healthy boundaries, forgiveness, etc.

**5pm, Monday, 2/15/21**, from your student email, message instructor Shane [Gahn.8@osu.edu](mailto:Gahn.8@osu.edu) to receive the Zoom invite\*

**Stress Management**, topics may include recognizing and reducing impacts of anxiety and depression, substance use, healthy coping skills, mindfulness, etc.

**6pm, Monday, 2/15/21**, from your student email, message instructor Shane [Gahn.8@osu.edu](mailto:Gahn.8@osu.edu) to receive the Zoom invite\*

**\*emails will only be used by the instructor to send information related to these opportunities**



RESIDENCE LIFE DEPARTMENT  
OHIO STATE UNIVERSITY

# TO BE HEARD TO BE SEEN TO BELONG

CALL FOR ARTIST  
JURIED MIX MEDIA EXHIBITION  
SPONSORED BY COCA-COLA FOUNDATION

Apply by March 15th 2021

VISIT  
[INVOLVEDLIVING.OSU.EDU/CARE/COCA-COLA-FOUNDATION-ART-GRANT/](http://INVOLVEDLIVING.OSU.EDU/CARE/COCA-COLA-FOUNDATION-ART-GRANT/)  
FOR MORE INFORMATION

**Coca-Cola Foundation Art Grant, "To Be Heard, To Be Seen, To Belong"**

The Office of Student Life at The Ohio State University announces a call to artists for a juried mix media exhibition sponsored by a grant from The Coca-Cola Foundation. Students submit their work for review by a jury of staff from Office of Student Life and Office of Academic Affairs. Selected artist will be able to choose a honorarium of \$500 for graduate students and \$350 for undergraduate artist for already completed works or commissioning a piece by submitting a sketch proposal for a new piece, commission selection will be eligible for a supplies grant totaling \$150 per artist. The juried exhibition and collection acquisition are open to all current undergraduate and graduate students.

**Curation statement:**

The Ohio State University is home to nearly 67,000 students. We work, study, and exist on our campus among a multitude of diverse social identities, interacting with and learning from one another. However, despite Ohio State's diversity, not everyone feels that their identities belong on campus. Feeling seen, feeling heard, and finding belonging can amount to vastly difference experiences to different people. This exhibition seeks to uplift the journeys all Ohio State students take to be seen, to be heard, and to belong.

**For more information please proceed to the**

**website:** <https://involvedliving.osu.edu/care/coca-cola-foundation-art-grant/>





## **Salary Negotiation Workshops for Women**

**2/8 or 2/15 at 5:30pm on Zoom**

The American Association of University Women (AAUW) will be hosting TWO Salary Negotiation Workshops for women on February 8 and 15 at 5:30 pm via Zoom (<https://osu.zoom.us/j/98429001496>, Password: AAUW). These workshops are designed to teach you how to negotiate salaries for a new job. In every workshop you'll gain confidence in your negotiation style through facilitated discussion and role-play and learn:

1. **How to identify and articulate your personal value**
2. **How to develop an arsenal of persuasive responses and other strategies to use when negotiating**
3. **How to conduct objective market research to benchmark a target salary and benefits**
4. **About the pay gap, including its long-term consequences**

If you're on the internship or job hunt or simply want to better prepare yourself for when the time comes, come attend this workshop on 2/8 or 2/15!



## Spring 2021 LEAD Series Workshops

The [full schedule for LEAD Series Workshops](#) is currently published along with descriptions and registration links. Explore your values, prioritize self-care, learn your love language, and more through this interactive workshop line-up full of fantastic opportunities to strengthen your leadership no matter where you are at in your leadership journey.



## Set Goals to Care for Your Well-Being This Semester

There's no one-size-fits-all model for exploring and developing wellness habits, that's why the Ohio State: Wellness app gives you options. Set custom wellness goals or use our presets to make daily, weekly and monthly plans that help you create a life that you love. [Download the app today to get started.](#)



## 2021 Student Life Leadership Awards

Event happening April 9th, 2021 at 11:59pm

On behalf of the Department of Student Activities within the Office of Student Life, we are excited to announce that the 61st Student Life Leadership Awards-Masquerade will be hosted on April 9th, 2021 at 4:00 pm ET! As the Masquerade theme suggests, this Spring's Leadership Awards will be a fully virtual celebration that continues the tradition of highlighting student, staff, and faculty that have demonstrated a clear commitment to leadership, service, collaboration, and activism in the Ohio State community. Find out more about this event here: [go.osu.edu/leadershipawards](https://go.osu.edu/leadershipawards).

Contact [wagner.1476@osu.edu](mailto:wagner.1476@osu.edu) or [menard.27@osu.edu](mailto:menard.27@osu.edu) with any questions that you have.



## Sustainability Institute Student Grant Funding Applications

**Open Now -- Due March 12th**

Are you an undergraduate, graduate, or professional student with a great idea that is in need of funding support? Are you working on research or a project related to sustainability? The Sustainability Institute at Ohio State is pleased to offer a [student grant funding opportunity](#) for spring semester 2021. Applications are due, with all corresponding documents, to Gina Jaquet, SI director of education and learning, at [Jaquet.6@osu.edu](mailto:Jaquet.6@osu.edu) by no later than 11:59 p.m. on Friday, March 12th.

**Application available [here](#)**

Questions? Contact: Gina Jaquet [jaquet.6@osu.edu](mailto:jaquet.6@osu.edu)

INVOLVED LIVING |



**CARE**  
CULTURAL AMBASSADORS  
FOR RESIDENT ENGAGEMENT

**ALLIES**  
for  
**DIVERSITY**



**PRODUCTIONS**



THE OHIO STATE UNIVERSITY | OFFICE OF STUDENT LIFE | RESIDENCE LIFE



[Res Life Twitter](#)



[Res Life Instagram](#)



[Involved Living Website](#)