



“ILLUMINATE YOUR POTENTIAL”

# Involved Living Summit

Sunday, October 1  
11 a.m. – 4:15 p.m.  
Curl Hall

[go.osu.edu/ilsummit](https://go.osu.edu/ilsummit)



# Involved Living Summit 2023

Sunday, October 1<sup>st</sup> | Student Packet

## About The Summit

The Involved Living Summit is an opportunity for you to develop as individuals, connect with others, and learn about various topics related to leadership. We are inviting any student interested in attending this event and it is required for our community council executive board members to attend. Feel free to share the registration link with people you know!

The conference will take place between Curl Viewpoint and Schoenbaum. Check in will begin at Curl Viewpoint starting at 11:00 AM. Sessions will take place in Schoenbaum Hall. Our closing session will be from 3:55pm – 4:15pm in Schoenbaum 105.

**Make sure you have registered for the summit.** Please register at [https://osu.az1.qualtrics.com/jfe/form/SV\\_4VE4jo9aGLhwi2](https://osu.az1.qualtrics.com/jfe/form/SV_4VE4jo9aGLhwi2) if you have not done so already!

## About The Location

### Curl Hall (Curl Viewpoint is above Curl Market)

*80 W Woodruff Ave, Columbus, OH*

The conference check-in table will be located inside the event space of Curl Viewpoint room. Once you have checked in, you can grab a boxed lunch and find a seat.

### Schoenbaum Hall

*210 W. Woodruff Ave, Columbus, OH*

There is available A/V in the rooms and more details about the A/V capabilities in the space can be found here: <https://www.osu.edu/map/building.php?building=053>

## Lunch

Once you have checked in, you can grab a boxed lunch and find a seat. Lunch will consist of catered boxed lunches from Jason's Deli. Options will include deluxe sandwich boxed lunches (turkey, roast beef, ham, and tuna), veggie wrap boxed lunch with fruit, veggie wrap boxed lunch with fruit and no cheese, gluten sensitive boxed lunch. Lunch options will be available while supplies last.

## How to make the most out of the conference

- **Introduce yourself to people.** Try to meet at least five new people throughout the day.
- **Take Notes.** You will want to bring something to the conference to take notes at sessions.
- **Ask Questions.** Staff within the Office of Student Life will be presenting on topics they care about deeply. They are happy to answer any questions you have for them in implementing their topic in your student leader roles.
- **Share Out!** Be sure to share what you have learned with others!

# Involved Living Summit Schedule 10.1.23

<b>Lunch-Brunch Offering - 11- 11:30 AM</b>	Student Involvement & Leadership Committee	Curl Viewpoint
<b>Welcome &amp; Logistics Overview - 11:35 AM</b>		
<b>Instructions for Breakout Sessions - 11:45 AM</b>		
<b>Travel Time - 12:00 – 12:15 PM</b>	Everyone	Schoenbaum
<b>Session 1 - 12:15 -1:15pm</b>		
<b>Session Name</b>	<b>Facilitator(s)</b>	<b>Location</b>
Residence Hall Advisory Council (RHAC)	Advisor/Staff/Prez	Curl Viewpoint
Off the Lake (OTL) Productions	Advisor/Staff/Prez	Curl Viewpoint
Siebert/Morrison Community Council	Advisor/Staff/Prez	Schoenbaum 105
Nosker-Barrett/Jones Community Council	Advisor/Staff/Prez	Schoenbaum 105
Multicultural Understanding through Nontraditional Discovery Opportunities (MUNDO)	Advisor/Staff/Prez	Schoenbaum 200
Black Student Association (BSA)	Advisor/Staff/Prez	Schoenbaum 205
Towers Community Council	Advisor/Staff/Prez	Schoenbaum 210
Torres, Drackett, Lawrence Community Council	Advisor/Staff/Prez	Schoenbaum 215
National Residence Hall Honorary (NRHH)	Advisor/Staff/Prez	Schoenbaum 220
Houston-Taylor Community Council	Advisor/Staff/Prez	Schoenbaum 230
Raney/Bowen/Busch/Halloran Community Council	Advisor/Staff/Prez	Schoenbaum 300
Baker Leadership Team	Advisor/Staff/Prez	Schoenbaum 305
Smith-Steeb Community Council	Advisor/Staff/Prez	Schoenbaum 310
Park-Stradley Community Council	Advisor/Staff/Prez	Schoenbaum 315
Bradley-Paterson/Mack-Canfield Community Council	Advisor/Staff/Prez	Schoenbaum 320
Non-Affiliated Students Session	Advisor/Staff/Prez	Schoenbaum 330
<b>Session 2 - 1:25 – 2:05pm</b>		
<b>Session Name</b>	<b>Facilitator(s)</b>	<b>Location</b>
Navigating the RHAC Grant Form	Meenakshi Manne & Bailey Haller	Schoenbaum 310
Libraries of Wellness: Understanding Environmental and Socialization Impacts on Well-being	Ronnie Burris	Schoenbaum 200
Women's Career Journeys: Illuminating What You Want	Dr. Rebecca Kapusta	Schoenbaum 205
Crash Course in Leadership 101	Barb Kefalas	Schoenbaum 210
Leadership and Personal Development for You and Others	Kate Marion	Schoenbaum 215
What Now? Retention guide for executive board members	Becca Ross	Schoenbaum 220
Resident Advisor (RA) Info Session	Michaela Pullen-Kellogg & Nick Aichele	Schoenbaum 230
<b>Session 3 - 2:15 – 3:00pm</b>		
<b>Session Name</b>	<b>Facilitator(s)</b>	<b>Location</b>
Active Listening and Dialogue	Ben Helms & Michelle Jiang	Schoenbaum 300
Treasure Chest: The Ultimate Programming Wealth	Sara Cassady & Nevaeh Harper	Schoenbaum 305
RHAC – Our Purpose, Role, and What We Do for You	Residence Halls Advisory Council	Schoenbaum 310
Managing Your Budget & Ledger	Leah Wheeler	Schoenbaum 315
Protect Your Peace: Engaging as an Introverted Leader	Saylor Priest	Schoenbaum 320
Head to Toe Wellness: Strategies and Resources to Support your Well-Being	Dr. Julie Sanzone & Avery Ruff	Schoenbaum 330
Resident Advisor (RA) Info Session	Michaela Pullen-Kellogg & Nick Aichele	Schoenbaum 230

## Session 4 - 3:10 – 3:55pm

Session Name	Facilitator(s)	Location
What Now? Retention guide for executive board members	Becca Ross	Schoenbaum 200
More Than A Movie: Intentional Program Planning	Maddison Lowery	Schoenbaum 205
LGBTQ+: The Basics	Ben Helms & Emily Manzo	Schoenbaum 210
Libraries of Wellness: Understanding Environmental and Socialization Impacts on Well-being	Ronnie Burriss	Schoenbaum 215
Discover Your Creative Type	Anna Wagner	Schoenbaum 220
Resident Advisor (RA) Info Session	Michaela Pullen-Kellogg & Nick Aichele	Schoenbaum 230
<b>Involved Living Summit Closing Session - 3:55pm</b>		
Involved Living Summit Closing Session	Student Involvement & Leadership Committee	Schoenbaum 105

### Acronym Word Bank

**ILS** Involved Living Summit  
**SILC** Student Involvement and Leadership Committee  
**RHAC** Residence Hall Advisory Council  
**BSA** Black Student Association

**MUNDO** Multicultural Understanding through Nontraditional Discovery Opportunities  
**MOCA** MUNDO On Campus Ambassador  
**ILO** Involved Living Organization  
**HRE** Housing and Residence Education Office

### Questions? Comments? Concerns?

For all in-person inquiries, please see an Involved Living Summit volunteer who will be stationed in the hallways.

For other matters, please email  
 Leah Wheeler - Leadership & Involvement Specialist at [wheeler.1110@osu.edu](mailto:wheeler.1110@osu.edu)  
 Dani Rodriguez Pacheco – SILC Chair at [rodriguezpacheco.1@osu.edu](mailto:rodriguezpacheco.1@osu.edu)

**Thank you for joining us!**